

Sean LaFollette

104 Hawking Ct, Cedar Creek, TX 78612

P: 810-923-6210 E: slafoll@gmail.com

EXPERIENCE

FILMMAKER - Ann Arbor MI & Austin TX - 01/2014 – Present

- **What About Molly? – Feature – 2022: Writer, Director, Producer, Editor** - During COVID, I brought together a small group of artists to create this feature length film. Due to the heavy COVID restrictions and uncertainty around the pandemic, I wore as many hats as possible, bringing the film from pre-production to completion.
- **Lost In Time – Short – 2016: Writer, Director, Producer** - I wrote this short and moved forward with my first financed production. Leading a group of 20, I took this film from conception to completion. We premiered at a local theater in Howell, Michigan and went on to take part in a small local festival.
- **The Remedy – Screenplay (feature) – 2015: Writer** - Taking what I learned from my first feature, I wanted to focus more on writing. Hard work would pay off as this romantic comedy was selected for the 16th annual Beverly Hills Film Festival.
- **Pink Heat – Feature – 2015: Writer, Director, Producer and Editor** - After completion of my second short film, I dove directly into my first feature. With a micro budget and limited crew, we shot over 20 days, resulting in a completed film with distribution through Adler and Associates.
- **Day Dreams of a Night Clerk – Short – 2014: Writer, Director, Producer, Editor** - My second short film, taking place primarily in a gas station, was my film school masterclass. Taking what I learned on my first short, I applied the lessons learned and pushed my creativity forward.
- **Driven by Love – Short – 2013: Writer, Director, Producer, Editor** - After spending 3 years acting in front of the camera, it was time for me to try my hand behind it. This was film school 101, learning by doing. Mistakes were made but, never to be defeated, I accepted the challenge to get better and moved onto my next short film.

ACTOR – Ann Arbor MI – 2012 - 2013

- **Rabid – Feature – 2013: Keith Menninger (principal antagonist):** A hard headed businessman who lacked compassion for the people of his town, this was a fun yet dark role to play as the stories main antagonist.

EDUCATION

- Script Supervisor CEO Training & Mentorship Program – Certificate
- MZED.com - Cinema Sound
- The Screenplay Workshop with Jill Chamberlain – Certificate
- The Actors Workshop - Certificate

SKILLS

- Hard working, self-starter who thrives in a team environment.
- Communicates effectively while staying calm under pressure.
- Quick to learn new skills and apply them with great effectiveness.
- Knowledge of basic editing concepts and techniques.
- Extensive knowledge of production and post production sound design.
- Ability to craft visually compelling stories.
- Intermediate proficiency in Adobe Creative Suite.
- Experience in understanding cameras, lenses, focal length and eyelines.
- Extensive knowledge of scene coverage and blocking.
- Experienced screenwriter in format, character development and story.
- Intermediate acting skills and knowledge of the craft.